



OFFICE ADDRESS

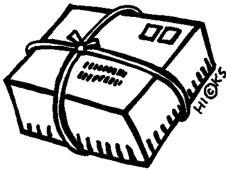
511 John Muir Drive
San Francisco, CA. 94132
9am-6pm

CONTACT US 24/7

Office. (415) 586.0100
Fax. (415) 584.8568

**Rent Drop Box Located in
lobby of 515 John Muir
Drive (Building A)**

**PACKAGE PICK-UP
HOURS**



**9am-10am & 5pm-6pm
7 DAYS A WEEK**



**Lakewood.Calamerican
@facebook.com**

Dear Lakewood Residents,

In this newsletter we will continue to address the pressing issue of increased utility expenses. I would like to start by reminding everyone of **paragraph 20 in your Lease Agreement**. It states that residents are required to comply with any conservation programs implemented by Lakewood Apartments as well as the City and State. This includes efforts to increase recycling and composting, and reduce our electricity and water use.

In Summer 2013 Recology increased rates by 50% for garbage and recycling. “The new rate changes makes zero-waste a much more achievable goal,” Recology spokesman Adam Alberti said. “It preserves service and recycling offerings that the city has become known for.” The new rates would apply for one year, with two additional one-year rate changes possible, according to Recology. Which could mean an additional 25% increase next year as well.

However we can do something to offset the increase. Though recycling and composting are no longer free of charge, customers can offset the rate hike by throwing out less in the garbage. That means making a conscience decision to recycle and compost! The LESS that goes down the trash chute, the MORE you recycle and compost, the GREATER the offsetting charges will be, thereby REDUCING the trash bill.

The YES Energy bill you receive each month covers a portion of the garbage, water, and sewage. Lakewood continues to work with the Department of Environment and Recology to reduce our energy and water use, as well as our garbage disposal.

PLEASE TAKE A MOMENT and review page 2 and 3 of this newsletter. I have provided some vital cost saving tips that can greatly affect the monthly YES Energy bill. Make an effort to implement them into your every day routine and together we can make an impact on decreasing the monthly YES Energy bill.

Furniture and electronics continue to be dumped in the garbage and recycling bins. This increases our garbage bill! Lakewood provides FREE bulky item pick-up to its residents on a weekly basis! Call the office with a list of items you would like to dispose of and we will make arrangements at NO CHARGE to you! By taking advantage of this service you can reduce the garbage bill and make sure that these items are recycled and/or disposed of properly.

If we each made small changes in our daily routine we can make a BIG impact on our monthly bill. If you have any ideas on how we can reduce waste please email me at haleyg@calamerican.com. All feedback is welcome!

Sincerely,
Haley Gonzaba
Community Manager

This Issue...	Page
Water Saving Tips	2
Recycle & Composting	3
Special Deals for Residents	4
Pay Your Rent Online	5
Upcoming Events	6



Easy Water Conservation Tips to Follow:

Take shorter showers!

Each minute you cut saves 2.5 gallons of water



Turn off faucet!



When brushing teeth or washing dishes, saves 2.5 gallons a minute.

Don't pre-rinse dishes!

Simply scrape the plates off into your composting kit and load.



Use the dishwasher!



Surprisingly dishwashers are often more efficient than hand washing.

Wait for full load of laundry!

Full loads are the most efficient way to wash clothes.



Check for leaks!

Do you hear the toilet running or your faucet dripping?

You could be wasting thousands of gallons per month. Call the Lakewood Office IMMEDIATELY if you have a leaky faucet or running toilet!



VolunteerMatch.org

Where volunteering begins

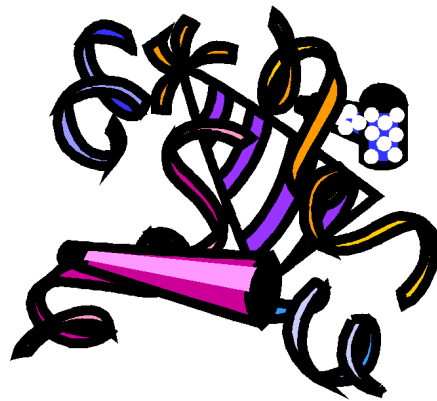
Feel like doing some good deeds and spreading cheer this summer? Check out VolunteerMatch.org and pick the organization closest to your heart!

**Storage Spaces Available Now!
Clear out those closets before summer!**

EXTRA storage spaces available for rent!
Priced from \$45 to \$165 per month.
HUGE spaces large enough to store EVERYTHING!

- Furniture!
- Seasonal clothing!
- Exercise equipment!
- Camping gear!
- Holiday decorations!
- Much much more!

Come by the office to view available locations!



Lakewood Clubhouse is available for private rentals to Lakewood residents!

- Birthdays
- Holidays
- Conferences
- Baby Showers
- Anniversaries

For more information call the office at (415) 586-0100.



Did you know that each year, 19 billion catalogs are mailed to American consumers? Log onto www.Catalogchoice.org to stop junk mail and other catalog mailings from piling up in your mail box!

**Recycling and Composting at Lakewood!
Reduce your YES Energy bill!**

Recycling made simple! Statistics show up to 85% of household waste is recyclable. And the more you compost and recycle the greater an impact it makes on the monthly Yes Energy bill! To make it easier for you we have chosen larger bins so that ALL RECYCLING can be placed into one bin, no need to sort items! Below is a list of recycling and composting locations for each building as well as items that can and cannot be recycled and/or composted.

Recycling and Composting stations at Lakewood are located in the garage on the lobby levels of each building:

- 515 John Muir Drive (A Building) - Lobby level
- 555 John Muir Drive (B Building) - Lobby level
- 595 John Muir Drive (C Building) - Lobby level
- 615 John Muir Drive (D Building) -Lobby level
- 655 John Muir Drive (E Building) - Lobby level
- 695 John Muir Drive (F Building) - Lobby level

YES– Item CAN go in recycling bins:

- Paper Products
- Bottles and Cans
- Cardboard-corrugated
- Aluminum cans
- Plastic bottles
- Aluminum foil
- Computer and ledger paper
- Glass bottles & jars
- Egg cartons-paper only
- Junk mail
- Envelopes-windows okay
- Plastic tubs & lids
- Spray cans – can must be empty!
- Steel (tin) cans
- Newspapers & magazines
- Phone books
- Wrapping paper

NO-Item CAN NOT go in bins:

- Ceramic dishes and cups
- Coat hangers
- Juice boxes
- Light bulbs
- Liquids
- Mirrors
- Styrofoam
- Waxed Cardboard
- Window Glass
- Plastic bags



Composting Made Easy!

The green composting bins are located at each recycling area. Place all of your food scraps, food-soiled paper, and yard trimmings in the green cart.

YES-Item CAN go in composting bins:

- Fruits and vegetables
- Rice, beans, pasta, bread
- Tea bags, coffee grounds, filters
- Meat and poultry
- Seafood and shellfish
- Bones
- Cheese
- Eggshells
- Wrapping paper, waxed cardboard, napkins
- Paper towels, plates, paper milk cartons

NO-CAN NOT go in bin:

- Styrofoam
- Plastic bags
- Diapers
- Rocks
- Dirt



Glamour Auto Painting and Detailing

Mobile auto detailing door-to-door service for your convenience!

Basic Wash \$20-\$26

Super Wash \$32-\$40

Mini Detail \$65-\$100

Full Detail \$150-\$195

Other services available!

Contact Junior Joseph, Owner
@ (650) 921-2698 and get a quote today!



Look good, feel good!

Personalized fitness plans individually customized brought directly to Lakewood residents!

Call Kristi at (415) 272-9053 or email 4kristig@gmail.com today to schedule your appointment at the Clubhouse Gym.

Look Good, Feel Good

GET INTO

SHAPE

Personalized, Fitness, Nutrition and Wellness Profile designed for your goals. (\$100.00 value!)

Tuesday/Thursday 6:30-7:30 PM meet at the community gym

Call/Text/Email to Register: 415-272-9053
4kristig@gmail.com

VIP SERVICE FOR LAKEWOOD!

Comcast values Lakewood residents and has assigned us our own personal account representative so that you no longer have to deal with 800 #'s, automated call centers, and long hold times! Contact your Comcast Account Rep, Christian Paz, for any questions, concerns, or changes you'd like to make to your account! Contact Christian today!

Mobile: (415) 859-7099 Email: Christian_Paz@cable.comcast.com

Comcast®
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Quick Reminder Corner

RENT PAYMENT ASSISTANCE

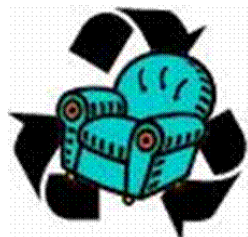
Please contact the following city agency for information on rent payment assistance:



RadCo
 955 Market Street
 Suite 1200
 San Francisco, CA 94103
 (415) 947-0797

NO PET POLICY

Lakewood maintains a NO PET policy. This includes guests of residents as well. Please respect that your neighbors have the right to peaceful enjoyment of their home. That includes barking dogs and pet waste in the common area.



FREE DISPOSAL FOR HOUSEHOLD ITEMS

We all have to work together to keep our community clean! Please do not dump your garbage or furniture in the hallways of the building.

This is unsightly and creates a hazard in the event of an emergency. For your convenience we offer **FREE** pick up of larger items! Please call the office for information. Thank you for keeping the community clean!



CALL FOR FREE DISPOSAL!



SUPPORT YOUR LOCAL FARMER'S MARKET

Hop on the 18 MUNI every Sunday for a quick ride to Stonestown Galleria and enjoy your local farmer's market from 9am-1pm.

GOT HOUSE GUESTS?

The Courtesy Suite is a furnished 2 bedroom 1 bathroom apartment available for rent to residents. The average cost of a hotel in San Francisco is \$309 per night. The Lakewood Suite is priced at \$125 per night! Save money and make the commute to visit your out of town guests simple!



Lakewood Apartments
 accepts online payments made
 with a credit card or e-check.

Go to www.calamerican.com/lakewoodpayportal.html
 to make your payment today.



Set up a recurring
 schedule so your
 payment is never late!
 FREE e-check

Payments processed by PayLease.
 For questions regarding payments:

(866) 729-5327 | support.paylease.com



www.calamerican.com/lakewoodpayportal.html

Lakewood is surrounded by amazing landscapes unique to our location! Calling Lakewood your home allows you to catch an early morning jog around Lake Merced or take a 2 mile bike ride to Ocean Beach! With on-site Muni you can also jump on public transit and explore our beautiful city! Below are some ideas of upcoming events at Lakewood and throughout San Francisco!

June 2014						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2014						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2014						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30/31

Rent due on the 1st of the month.
Information on rent assistance programs see page 5

Free Fitness classes Monday & Wednesday at 6:30pm



June 15th Father's Day

June 22-August 24 Enjoy free concerts every Sunday!
Www.sterngrove.org



Office will be closed in observance of Independence Day.

July 5th Fillmore Jazz Festival



San Francisco Giants host their rivals the Los Angeles Dodgers at ATT Park July 25-27

Free Tennis Lessons every Saturday at 10am. Beginners welcome! Equipment provided!



August 24 SF Sunday Streets in the Mission
Sundaystreetsf.com

August 25 SFSU 1st day of instruction

